

**MIDDLESEX COUNTY AMATEUR SWIMMING ASSOCIATION**  
**SPRING DEVELOPMENT MEET 2018 Inclusive of Multi-Classification Events**  
 At Southbury Road, Enfield, 10<sup>th</sup>, 11<sup>th</sup> & 17<sup>th</sup> March 2018  
 Affiliated to ASA London Region; Licensed by the ASA at Level 3 under no: 3LR180337 & 3LR180340

The full rules of the competition are published on the County Website: [www.middlesexswimming.com](http://www.middlesexswimming.com) but you should note the following:

- These galas will take place at the Southbury Road, Enfield and are licensed by the ASA at Level 3 under Licence number 3LR180337 & 3LR10340. It will run short course (25m) in accordance with A.S.A. Laws and FINA Technical Rules of Swimming and the rules and conditions of this competition.
- All swimmers must be registered as Category 2 with the ASA and have their cards available should they be required. Where possible entries must be accompanied with an ASA ID (registration) no. Where an entry is not accompanied by the ASA ID, proof must be submitted with the entry that they have applied for registration. Any swimmer who does not provide ASA ID or proof that they have applied will not be allowed to swim.
- The events will be:  
 50m, 100m, 200m, all strokes; 400m freestyle, 100m IM & 200m IM for boys and girls aged 10/o, 400m IM for boys & girls aged 12/o. Ages are to be calculated as at **Midnight 31<sup>st</sup> December 2018**

Multi-Classification events will be

Event	Male	Female	Event	Male	Female
50m Freestyle	S1-S14	S1-S14	50m Backstroke	S1-S5	S1-S5
100m Freestyle	S1-S14	S1-S14	100m Backstroke	S1,S2 & S6-S14	S1 & S6-S14
200m Freestyle	S1-S5 & S14	S1-S5 & S14	50m Breaststroke	SB1-SB3	SB1-SB3
400m Freestyle	S6-S14	S6-S14	100m Breaststroke	SB4-SB9, SB11-SB14	SB4-SB9, SB11-SB14
			50m Butterfly	S1-S7	S1-S7
200m Individual Medley	SM5-SM14	SM5-SM14	100m Butterfly	S8-S14	S8-S14

- For Multi-Classification entries, entries need to be sent to the competition secretary for manual entering. Any Multi Classification events with less than 4 entries may be merged into the relevant Able-Bodied events.  
 All coaches and personal care attendants must have accreditation. Personal care attendants will only be permitted for swimmers where assistance is permitted on their code of exceptions. Such attendants will be excluded from any restrictions and will be given the same accreditation as the swimmer for whom they have personal care responsibilities. A swimmer who has assistance as specified above may have both a coach and a personal care attendant present. The personal care attendant accreditation will be free of charge. If there are more multi classified swimmers than the number of lanes available for a heat, then the swimmers with the fastest entry times will be accepted, however the organisers reserve the right to reject swimmers after the closing date if demand exceeds the time available in the galas.
- A time standard table is attached. This meet is being run as a Level 3 Gala. Swimmers entering this Meet must enter their **current best times** and must **NOT** enter faster times than the upper limit as shown in the time standard table. Development Meets are designed for swimmers whose entry times did not meet the qualifying standards for the County Age Group & Youths Championships. There are no Qualifying times for Multi-Classification.
- All events are Heat Declared Winner. Ages will be combined for swimming the events but results will be declared for each single year age. Awards will be given to the top three swimmers in all age band events with rosettes to those placed 4<sup>th</sup> to 8<sup>th</sup>. Swimmers exceeding the relevant qualifying time will not be placed in the event but instead be awarded a speeding ticket. Multi Classification Events will be awarded 1<sup>st</sup> – 3<sup>rd</sup> places with rosettes to those placed 4<sup>th</sup> to 8<sup>th</sup> regardless of classification calculated on British Disability Points. (Points are awarded to each swimmer in relation to how close they are to their classification world record in each event respectively).
- Clubs entering more than 10 swimmers **MUST** download the Hy-Tek Team Manager file from The Middlesex website: [www.middlesexswimming.com](http://www.middlesexswimming.com) and return the entry file to [competitionsecretary@middlesexswimming.com](mailto:competitionsecretary@middlesexswimming.com). Please note that if a Club enters more than 10 swimmers by means of entry forms rather than Hy-Tek Manager Event File, these entries will incur an administration fee of £10.00.  
**Closing date will be 18<sup>th</sup> February 2018.** All submitted entries must be accompanied with a Summary Form.  
 Entry fees shall be £7.50 for all Events. **Entry to the seating area together with the programme will be free for spectators.**
- Times achieved will not be eligible as qualifying times for Nationals but may be used for County & Region competitions.
- Time trials will be available for swimmers on the day at the cost of £10 p/event. The maximum accepted for any event will not exceed a number that will allow all 8 lanes to be used for each heat needed to accommodate those swimmers whose entries have been accepted. Time Trials will only be offered to those already entered to swim in the competition. Any swimmers not already entered into the competition will not be accepted for time trials.
- For health and safety reason, the promoter reserves the right to limit entries; any entry not accepted will be refunded in full. **NO OTHER MONIES WILL BE REFUNDED.**
- Entries may be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 1984, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoters.
- This meet will operate as a **CARDLESS** meet. Please use the withdrawal forms enclosed with the pack to withdraw any swimmers. On the day any withdrawals must be made at least 40 minutes before the start of each session. **Failure to withdraw in adequate time may result in the club being fined £5 per swimmer per event.** Should a swimmer be withdrawn by mistake by the meet manager, the swimmer shall be reinstated. Should a swimmer be withdrawn by coaches by mistake, MCASA will do its utmost to reinstate the swimmer should empty lanes become available. All fines are to be levied on the swimmer's club. The fine shall be reduced by 50% if paid within 28 days.
- Multi-Classification swimmers must hold a classification awarded by one of the four identified Classification awarding bodies. (IPC Classification, British Swimming Classification, UKSA or INAS classification (accompanied by relevant number) or British Blink Sport Classification.)
- Entry Summary form needs to be completed and returned to Mrs Leah Pullen at 16 Amherst Road, London, W13 8ND. Full amount plus coach meals must be made directly into the bank via BACS transfer: HSBC Bank, Account name MCASA, Sort code: 40-23-26, Account no: 11170961 (Please give club code as reference followed by SD18. e.g. EALL\_SD18)
- The pool will be cleared 10 minutes before the start of the session.

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16. Clubs are reminded of their duty of care to their swimmers during a meet and that they should have with them full contact details of parents/guardians for all swimmers attending the meet. They should also hold any details on medical conditions that may be deemed necessary. Coaches/Team Managers will only be allowed on poolside if visibly wearing a coach's pass. To apply for a new Coach Pass: Follow [link](https://uk.teamunify.com/SubTabGeneric.jsp?team=reczzmcauk&_staid_=93954): ([https://uk.teamunify.com/SubTabGeneric.jsp?team=reczzmcauk&\\_staid\\_=93954](https://uk.teamunify.com/SubTabGeneric.jsp?team=reczzmcauk&_staid_=93954)). Coaches and Team Managers should be club trained personnel and registered members of ASA. Untrained parents without a current DBS certificate are not allowed to take charge of swimmers' poolside.
17. Any conditions not covered in the competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the Promoter. Questions can be dealt with by writing to the Promoter or the Meet Administrator.

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**ORDER OF EVENTS**

(please note: warm up and start times are provisional and will be confirmed when all the entries have been received)

**SATURDAY 10<sup>th</sup> March 2018**

Session 1			Session 2		
Warm up 8:15am Session start 9:15am			Warm up 13:15 Session start 14:00 (TBC)		
1	Boys 10/o	400 IM	7	Girls 10/o	400 IM
2	Girls 10/o	100 Breaststroke*	8	Boys 10/o	100 Butterfly*
3	Boys 10/o	50 Butterfly*	9	Girls 10/o	200 Backstroke
4	Girls 10/o	50 Backstroke*	10	Boys 10/o	100 Freestyle*
5	Boys 10/o	200 Freestyle*	11	Girls 10/o	200 Breaststroke
6	Girls 10/o	200 Butterfly			

**SUNDAY 11<sup>th</sup> March 2018**

Session 3			Session 4		
Warm up 8:15am Session start 9:15am			Warm up 13:15 Session start 14:00 (TBC)		
20	Boys 10/o	100 Backstroke*	25	Girls 10/o	100 IM
21	Girls 10/o	50 Breaststroke*	26	Boys 10/o	200 Breaststroke
22	Boys 10/o	50 Freestyle*	27	Girls 10/o	100 Butterfly*
23	Girls 10/o	200 Freestyle*	28	Boys 10/o	200 Backstroke
24	Boys 12/o	200IM*	29	Girls 10/o	200 IM*

**SUNDAY 17<sup>th</sup> March 2018**

Session 5			Session 6		
Warm up 8:15am Session start 9:15am			Warm up 13:15 Session start 14:00 (TBC)		
30	Girls 10/o	400 Freestyle*	36	Boys 10/o	400 Freestyle*
31	Boys 10/o	50 Backstroke*	37	Girls 12/o	50 freestyle*
32	Girls 10/o	50 Butterfly*	38	Boys 10/o	50 Breaststroke*
33	Boys 10/o	200 Butterfly	39	Girls 10/o	100 Backstroke*
34	Girls 10/o	100 Freestyle*	40	Boys 10/o	100 Breaststroke*
35	Boys 10/o	100 IM			

\*Denotes Multi-Classification Inclusions

**CLOSING DATE 18<sup>th</sup> February 2018**

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#### Upper Limit Times Age Group and Youth Swimmers should not have swum faster than times shown

BOYS	10/11y	12y	13y	14y	15y	16y	17+y
50 FS	35.00	33.50	31.00	30.00	28.50	27.50	27.00
100 FS	1.18.00	1.11.00	1.09.00	1.03.00	1.00.00	1.00.00	58.00
200 FS	3.00.00	2.34.00	2.24.00	2.22.00	2.20.00	2.17.00	2.12.00
400 FS	6.20.00	5.40.00	5.15.00	5.07.00	5.05.50	5.03.00	4.55.00
50 Breast	47.05	44.00	42.00	39.00	38.00	36.00	35.00
100 Breast	1.42.00	1.35.00	1.31.00	1.28.00	1.24.00	1.18.00	1.13.00
200 Breast	3.36.00	3.22.00	3.18.00	3.06.00	2.51.00	2.50.00	2.50.00
50 Butterfly	40.00	38.50	36.00	35.00	32.00	29.90	28.80
100 Butterfly	1.38.00	1.22.00	1.20.00	1.14.00	1.08.00	1.06.00	1.03.00
200 Butterfly	3.35.00	3.13.00	3.04.90	2.46.00	2.35.00	2.26.00	2.25.10
50 Back	40.00	39.00	37.00	35.50	34.00	32.50	30.50
100 Back	1.31.00	1.24.00	1.20.00	1.13.10	1.11.50	1.08.50	1.05.00
200 Back	3.12.00	2.54.50	2.45.00	2.37.70	2.33.50	2.27.00	2.18.60
100 IM	1.31.00	1.24.00	1.20.00	1.18.58	1.15.31	1.13.78	1.11.18
200 IM	3.16.30	2.57.00	2.43.50	2.39.50	2.34.50	2.29.00	2.20.00
400IM	xxxxx	6.40.70	6.02.50	5.39.00	5.18.80	5.05.10	5.03.10

GIRLS	10/11y	12y	13y	14y	15y	16y	17+y
50 FS	36.00	33.00	32.50	32.00	31.50	31.00	30.00
100 FS	1.18.20	1.11.50	1.09.50	1.06.00	1.05.00	1.04.00	1.03.00
200 FS	3.00.00	2.35.00	2.26.00	2.23.00	2.21.00	2.18.00	2.13.00
400 FS	6.21.00	5.40.00	5.18.00	5.10.00	5.06.00	5.04.00	4.58.00
50 Breast	46.00	44.30	42.10	40.00	39.00	38.30	38.00
100 Breast	1.42.20	1.35.00	1.30.00	1.28.00	1.25.20	1.24.50	1.24.00
200 Breast	3.36.10	3.22.10	3.18.00	3.10.00	3.05.00	3.02.00	2.58.00
50 Butterfly	41.50	39.00	38.00	36.00	34.00	33.00	32.00
100 Butterfly	1.39.50	1.29.00	1.25.00	1.20.00	1.16.00	1.14.25	1.14.00
200 Butterfly	3.45.00	3.13.50	3.03.00	2.46.00	2.40.10	2.38.00	2.36.50
50 Back	41.50	39.00	38.00	37.00	37.00	36.00	34.00
100 Back	1.31.30	1.24.00	1.18.00	1.14.00	1.14.00	1.13.00	1.12.00
200 Back	3.12.00	2.55.00	2.48.00	2.40.00	2.37.00	2.35.00	2.32.00
100 IM	1.31.00	1.24.10	1.21.00	1.18.88	1.16.94	1.14.44	1.12.59
200 IM	3.16.80	3.00.00	2.45.30	2.40.00	2.36.90	2.31.40	2.30.40
400IM	Xxxxx	6.41.00	6.05.00	5.55.00	5.50.00	5.42.00	5.26.20

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**ENTRY FORM for everyone**

Club \_\_\_\_\_

Competitors Full name \_\_\_\_\_

BOY/GIRL

Address \_\_\_\_\_

Post Code \_\_\_\_\_

Telephone no \_\_\_\_\_

Date of birth \_\_\_\_\_

ASA registration no \_\_\_\_\_

Email Address \_\_\_\_\_

\*If a Para-Swimmer, please give number designated

<b>S</b>		<b>SB</b>		<b>SM</b>	
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Please enter me in the following events at the entry time shown:

**Note: competitors should not have swum faster than the standard time shown**

\* Denotes events Multi Classification inclusions. (For Multi-classification Swimmers, please enter event number only)

Event	Event no	Entry time	Event	Event no	Entry time
50m Breaststroke*			50m Butterfly*		
100m Breaststroke*			100m Butterfly*		
200m Breaststroke			200m Butterfly		
50m Freestyle*			50m Backstroke*		
100m Freestyle*			100m Backstroke*		
200m Freestyle*			200m Backstroke		
400m Freestyle*					
			100m Ind Medley		
			200m Ind Medley*		
			400m Ind Medley		

No of events entered \_\_\_\_\_ fee enclosed at £7.50 per event \_\_\_\_\_

I declare that I am eligible to enter this competition and have **not** previously swum the events entered faster than the qualifying standard.

Signed \_\_\_\_\_ date \_\_\_\_\_

(swimmer, parent or guardian)

Please send entries to your club and make cheques payable as instructed by your club before : \_\_\_\_\_

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**MEET SUMMARY ENTRY FORM**

<b>Club Name &amp; Code:</b> (also pls give Club Code – eg EALL)	
<b>Total _____ Entries @ £7.50 p/event</b>	<b>£</b>
<b>Total Entry fees enclosed:</b>	<b>£</b>
<b>Coaches meals @ £12.00 per person per day</b>	<b>£</b>
<b>Total amount enclosed</b> (payable to MCASA)	<b>£</b>

Coaches Meals at (please enter number for each meal required in table) Total \_\_\_\_\_ at £12 per day

	3 <sup>rd</sup> MAR	4 <sup>th</sup> MAR	10 <sup>th</sup> MAR
Lunch			

<b>Total amount enclosed (payable to MCASA)</b>	<b>£</b>
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*I ....., being a club official herewith certify that the enclosed swimmers' entries are eligible and that I have read and understood the conditions of entry*

Position ..... Date .....

**Name and address and e-mail address of coach/competition secretary to whom details of accepted entries should be sent (Please note this is a cardless meet):**

.....  
 .....

Completed individual entry forms, summary form plus coach pass slip **for total amount**

Entry fees must be paid directly into the bank via BACS transfer:  
 HSBC Bank, Account name MCASA, Sort code: 40-23-26, Account no: 11170961  
 (Please give club code as reference followed by CC18. e.g. EALL SD18)

**Where entries are made electronically, then entry summary form must be sent with the electronic entries and entry fees must be paid within 3 days of entries being accepted.**





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**Personal Care Attendant Poolside Pass request for Multi Classification Swimmers**

<b>Club Name:</b>	<b>Name:</b>
<b>Address</b>	
	<b>DBS No:</b>
	<b>Phone Number:</b>
<b>Post Code:</b>	<b>Email:</b>

\*ONE FORM PER PERSONAL CARE ATTENDANT PASS REQUEST. PLEASE PRINT

I require 1(one) poolside pass and enclose a cheque for £5 payable by bank transfer to the following account  
MCASA Sort Code 40 23 26 Account Number 11170961 or a cheque made payable to MCASA.

No person without a poolside pass will be able to gain access to the poolside other than the spectator area. All poolside passes can be collected on the day of competition.  
All applications must include a self declaration form and a medical form per person per pass.

I certify that all the above details are correct and that I will abide by the promoter's conditions.

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_