



Club Championships 2018
50m Freestyle (Academy)
200m Breaststroke, 200m Butterfly & 400m IM
At
St Helens School, Northwood

This is an ASA Level 4 Licensed Meet: 4LR180404

Sunday 8th July 2018
Spectator Entry - Free

Doors Open: 2.00pm
Sign-in required, & withdrawals before: Saturday 7th July

Warm-up: 2.15pm
Gala starts: 2.45pm

Swimmers *must* sign-in before the warm-up on the day

Squads: Academy, Dev 1, 2 & 3, YA, SA, County, Regional, Elite
Age groups: 9&U; 10/11; 12/13; 14/15; 16 & over

(Age as 8th July 2018)

All events will be heat declared wins

200m Butterfly & 400m IM, by Coach Invitation/Advice only
Medals awarded to the first 3 RNSS swimmers by age group
Place medals awarded to 4th - 6th up to age 15, RNSS only

Meet Mobile Name: HSC Club Champs 2018 8July18

In line with ASA Child Protection, any person wishing to use video or photographic equipment, including mobile phones, needs to register their details at the entrance.
Your co-operation is appreciated.



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Programme of Events

8 July 2018

Girls 50m Freestyle (Academy Only)

Boys 50m Freestyle (Academy Only)

Girls 200m Breaststroke

Boys 200m Breaststroke

Girls 200m Butterfly

Boys 200m Butterfly

Girls 400m Individual Medley

Boys 400m Individual Medley

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